

Welcome

It is with great enthusiasm that we invite you to participate in our second annual Spring Sprint. This year we have added a new category "Personal Best Relay Team". This race began as a vision a few years ago by Dr. Tony Reid, Executive Director, Clinical Trials Office. This category celebrates cancer patients who have fought the fight and those who continue to do so. As a runner himself, he sees athletes performing their "personal best" and as an oncologist he sees patients doing their "personal best".

You are invited to participate as a relay team, in honor of someone who has performed their Personal Best and/or who continues to do so.

Personal Best Relay

All Personal Best Relay participants will start together before other entrants. The race is the same length and course as the Sprint Distance Triathlon with a quarter mile swim, 9-mile bike and 3 mile run.

The Course

The race starts and finishes at South Shores Park located on the south side of Mission Bay, just east of Sea World. The swim is in a protected cove at South Shores Park. Swimmers start and finish at the boat launch ramp completing a ¼ mile U-shaped course. Cyclists bike around Fiesta Island on a double loop, flat 9-mile course. The final 2 loop 3-mile run will be on walkways and an off-road dirt trail.

Race Features including Personal Best

The 2009 race features chip timing and a post-race party with refreshments, beer garden, live entertainment and an awards ceremony. All participants receive a colorful shirt. Awards to the top three finishers in each category.

Personal Best participants will be given their own jersey, goggles and singlet. Bibs will be in **RED, which signifies action, confidence, courage, and vitality**. Red also shows that you are doing this race in honor of someone. You will be invited to an exclusive post race party in the Personal Best Tent hosted by Moores UCSD Cancer Center. Each participant will have, in addition to medals awarded to the top finishers, a gift bag.

PLEASE MENTION ON APPLICATION FORM, THE PERSON FOR WHOM YOU ARE PARTICIPATING. THEY WILL BE INVITED TO SPEND TIME DURING THE RACE AS WELL AS THE POST PARTY. PLEASE CONTACT Regina Wilson FOR ADDITIONAL INFORMATION at Rewilson@ucsd.edu.

ENTRY FEES FOR PERSONAL BEST:

\$300 PER TEAM, OF WHICH, UP TO \$100 IS A TAX DEDUCTIBLE DONATION

For any questions or additional information email: info@kozenterprises.com or call 858.268.1250